

SCHEDULE

MONDAYS

Parents of Children with Special Needs*.....	TBA	Hawthorne
IPV*.....	5:00-6:00PM	Hawthorne
DASH.....	4:00-5:00PM	Hawthorne
Apreniendo: Emotion Group (Spanish).....	5:00-6:00PM	Hawthorne
Parenting Class*.....	6:00-7:00PM	Hawthorne
Best Me Social Skills Class....	4:00-5:00PM	Hawthorne

TUESDAYS

Grief Group (Spanish)....	9:00-10:00A	Hawthorne
Extraordinary Romantic Relationships.....	6:00-7:30PM	Hawthorne
Anger Management*.....	5:00-6:30PM	Hawthorne
Self Esteem (Spanish).....	4:00-5:30PM	Hawthorne
Grief Group (English).....	6:00-7:30PM	Hawthorne
Parenting*.....	6:30-7:30PM	Hawthorne
Parenting (Spanish)*.....	6:30-7:30PM	Hawthorne
Substance Abuse Awareness (Higschol ages, bilingual)	6:30-7:30	Hawthorne
Anger Management*.....	5:00-6:30PM	Torrance
Parenting*.....	7:00-8:00PM	Torrance

WEDNESDAYS

Parenting (Spanish)*.....	5:00-6:00PM	Hawthorne
DV Class*.....	5:00-6:00PM	Hawthorne
Anger Management (Spanish)*.....	6:30-8:00PM	Hawthorne
Heal and Move Past Your Break-Up...	6:30-7:30PM	Hawthorne

THURSDAYS

Healthy Living (Bilingual).....	9:00-10:30	Hawthorne
Teen Anger Management*.....	5:30-6:30PM	Hawthorne
Teen Talk.....	6:00-7:00PM	Hawthorne
IPV (Spanish).....	6:00-7:30PM	Hawthorne
Anger Management*.....	7:00-8:30PM	Hawthorne
IPV*.....	6:00-7:00PM	Torrance
Parenting*.....	7:00-8:00PM	Torrance

FRIDAYS

Social Skills Super heroes...	5:00-6:00PM	Hawthorne
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SATURDAYS

DV Class*.....	9:00-10:00AM	Hawthorne
Parenting Class*.....	12:00-1:00PM	Hawthorne
Wisdom in Motion.....	11:00-12:00	Hawthorne
DV Class (Spanish)*.....	10:00-11:00	Hawthorne
	12:00-1:00PM	Hawthorne
Kids & Adolescents Wrkshps	12:00-1:00	Hawthorne
Wellness Class (Bilingual)	11:00-12:00	Hawthorne

*Approved by DCFS

*Other referral sources, please check for approval

OUR MISSION

The Richstone Family Center is dedicated to treating and preventing child abuse and trauma; strengthening and educating families; and preventing violence in families, school and communities

LOCATIONS

Hawthorne Location
13634 Cordary Ave
Hawthorne, CA 90250

Torrance Location
2400 W. Carson Street #200
Torrance, CA 90501

Inglewood Location
2930 W. Imperial HWY Ste. 515
Inglewood, CA. 90303



(310) 970-1921

WWW.RICHSTONEFAMILY.ORG

CHILDCARE NOT PROVIDED

THE RICHSTONE FAMILY CENTER



Weekly Group and Class Schedule



GROUP AND CLASS INFORMATION

PARENTING CLASSES – CLASES PARA PADRES

Registration Required (\$15/class – Open)
 Registro Obligatorio (\$15/ clase - Abierta)

HAWTHORNE

English

Mondays 6:00PM-7:00PM and Tuesdays, 6:30PM-7:30PM
 Saturdays, 12:00PM-1:00PM

Español

martes, 6:30PM-7:30PM
 miércoles, 5:00PM-6:00PM

TORRANCE

English

Tuesdays, 7:00PM-8:00PM
 Thursdays, 7:00PM-8:00PM

CREATING EXTRAORDINARY RELATIONSHIPS Registration Required (\$1 per person - open)

Workshop to create stronger and healthier romantic relationships

HAWTHORNE

Tuesdays 6:00PM-7:30PM (English) / Thursdays: 4:00PM-5:30PM (Español)

GRIEF: HEALING AFTER LOSS (ADULTS 18+) Registration Required (FREE – Open)

Emotional and psychological support for various losses (e.g., death, separation/divorce, DCFS involvement, loss of health, loss of job etc.)

HAWTHORNE

Tuesdays 6:00-7:30PM (English) / Tues days 9:00-10:00AM (Español)

ANGER MANAGEMENT CLASSES (Adults18+)/MANEJO DE LA IRA (PARA ADULTOS 18+) Registration Required (\$13/class Open) - Registro Obligatorio (\$13 /clase - Abierta)

HAWTHORNE

English

Tuesdays, 5:00PM-6:30PM
 Thursdays, 7:00PM-8:30PM

Español

miércoles, 6:30PM-8:00PM

TORRANCE

English

Tuesdays, 5:00PM-6:30PM

* Approved by DCFS
 * Other referral sources, please check for approval

ADOLESCENT ANGER MANAGEMENT CLASS (AGES 14-17)

+ 1 FREE Parent Support Class

Parent Registration Required (\$5/class – Open)

HAWTHORNE

Thursday, 5:30PM-6:30PM
 Next Parent Support Class: TBA

*Parents are required to attend the free Parent Support Class in order to fulfill the course requirements. Parent Support Class available in English and Spanish.

DOMESTIC VIOLENCE CLASSES (Perpetrators) Registration Required (\$18/class – Open) AGES 18 +

HAWTHORNE

Wednesdays, 5:00PM – 6:00PM
 Saturdays: 9-10:00AM (English) & 10:00-11:00 12:00-1:00PM (Español)

* NOT approved by COUNTY OF LOS ANGELES PROBATION DEPARTMENT

Intimate Partner Violence (IPV) Support and Psychoeducation Group Registration Required (\$5/class – Open)

HAWTHORNE-English

Mondays, 5:00PM-6:00PM

TORRANCE – ENGLISH

Thursdays 6:00PM-7:00PM

HAWTHORNE-Español

Jueves, 6:00PM-7:30PM

SOCIAL SKILLS SUPERHEROES

Registration Required (FREE – Open)
 Social Skills Group for Children – ages 7-10

When: Fridays, 5:00PM – 6:00PM - Hawthorne Location

THE BEST SOCIAL SKILLS GROUP

Registration Required (FREE – Open)
 Social Skills Group for Children – ages 11-14
 When: Mondays, 4:00PM – 5:00PM - Hawthorne Location

TEEN TALK

Registration Required (FREE – Open)
 Group Adolescents - ages 13-17

When: Mondays, 5:00PM-6:00PM - Hawthorne Location

SUBSTANCE AWARENESS FOR ADOLESCENTS
 Registration Required (\$5 per class per family)
 Group High School (Bilingual)

When: Tuesdays, 6:30PM-7:30PM - Hawthorne Location

YO PUEDO: SELF ESTEEM WORKSHOP

Registration Required (FREE - Open) Adults 18+
 When: Tuesdays 4:00PM – 5:30PM - Hawthorne Location

APRENDIENDO A SENTIR- GROUP FOCUSED ON EMOTION

Registration Required (FREE - Open) 18+

When: Mondays, 9:00 AM – 10:00 AM - Hawthorne Location

PUSH PAST YOU BREAKUP

Registration Required (FREE) Ages 18+

When: Wednesdays 5:30PM-6:30PM - Hawthorne Location

SUPPORT GROUP FOR PARENTS OF CHILDREN WITH SPECIAL NEEDS

Registration Required (\$15/class – Open)

Please contact facilitators for day and time

DASH 4 KIDS –Divorce & Separation Help for Kids

Registration Required (FREE – Open) Ages 8-12

When: Mondays, 4:00PM- 5:00PM – Hawthorne Location

HEALTHY LIVING

Registration Required (FREE Open) 18+

When: Thursdays 9:00AM- 10:30 AM- Hawthorne Location

RFC WELLNES CLASS: MINDFULNESS EXERCISES AND ACTIVITIES

Registration Required (FREE - Open) Ages 5+

When: Saturdays, 11:00AM-12:00PM - Hawthorne Location